



Established Patient Health Form

Today's date: _____

Name: _____ Birth date: _____ Primary care doctor: _____

Reason for today's visit/Any concerns? Annual _____

Date of 1 st day of last menstrual period: _____ If you are in menopause, when did your periods stop? _____ If you still have periods: Periods occur every _____ days, last for _____ days	PREGNANCY HISTORY: Do you think you could be pregnant today? <input type="checkbox"/> Yes <input type="checkbox"/> No _____ Total # of pregnancies _____ Miscarriages _____ Vaginal births _____ Abortions _____ Cesarean sections _____ Ectopic (tubal) pregnancy
Child(s) names: _____	

What type of birth control are you currently using?

Do you currently have any of the following:

<input type="checkbox"/> Heavy periods, irregularity, spotting, or pain with periods	<input type="checkbox"/> Endometriosis
<input type="checkbox"/> Bloating, irritability, or other symptoms at or around time of period	<input type="checkbox"/> Uterine fibroids
<input type="checkbox"/> Hot flashes or night sweats	<input type="checkbox"/> Ovarian cysts/tumors

When was your last:			Any new allergies?	Reaction
Pap smear?	Colonoscopy?			
HPV test?	Last Flu shot?			
Mammogram?	Last Tetanus?			
Bone density test?				

Please list only CHANGES to the following below since your last visit:

Medical history (new problems or conditions): 	Surgeries:
Hospitalizations:	Family History:



Current medications (including over-the-counter drugs, vitamins & herbals):

IF YOUR MEDICATIONS ARE ALREADY IN OUR COMPUTER SYSTEM, PLEASE LIST ONLY NEW MEDS

Name	Strength	Taken how often

REVIEW OF SYSTEMS: Please mark an "X" if you currently have:

GENERAL	<input type="checkbox"/> Fevers <input type="checkbox"/> Chills <input type="checkbox"/> Night sweats <input type="checkbox"/> Fatigue <input type="checkbox"/> Unintended weight loss/gain
EYES	<input type="checkbox"/> Visual changes <input type="checkbox"/> Double vision <input type="checkbox"/> Blind spots <input type="checkbox"/> Eye pain
EARS, NOSE, MOUTH & THROAT	<input type="checkbox"/> Frequent nose bleeds <input type="checkbox"/> Ringing in ears <input type="checkbox"/> Ear pain/discharge <input type="checkbox"/> Hearing loss <input type="checkbox"/> Bleeding in gums <input type="checkbox"/> Sore throat <input type="checkbox"/> Difficulty swallowing <input type="checkbox"/> Sinus pain <input type="checkbox"/> Dentures
CARDIOVASCULAR	<input type="checkbox"/> Chest pain with exercise <input type="checkbox"/> Shortness of breath <input type="checkbox"/> Palpitations <input type="checkbox"/> Feeling faint
RESPIRATORY	<input type="checkbox"/> Cough <input type="checkbox"/> Wheeze <input type="checkbox"/> Blood in sputum
GASTROINTESTINAL	<input type="checkbox"/> Severe abdominal pain <input type="checkbox"/> Decreased appetite <input type="checkbox"/> New abdominal bloating <input type="checkbox"/> Bloody stools <input type="checkbox"/> Nausea/vomiting <input type="checkbox"/> Vomiting blood <input type="checkbox"/> Diarrhea <input type="checkbox"/> Constipation <input type="checkbox"/> Change in bowel habits <input type="checkbox"/> Accidental loss of stool or gas
URINARY	<input type="checkbox"/> Pain with urination <input type="checkbox"/> Accidental loss of urine <input type="checkbox"/> Blood in urine <input type="checkbox"/> Frequent nighttime urination
MUSCULOSKELETAL	<input type="checkbox"/> New muscle or joint pain <input type="checkbox"/> Limb weakness or paralysis <input type="checkbox"/> Joint swelling
SKIN	<input type="checkbox"/> Skin rash <input type="checkbox"/> New mole
NEURO	<input type="checkbox"/> New headaches <input type="checkbox"/> Dizziness <input type="checkbox"/> Seizures <input type="checkbox"/> Numbness in extremities <input type="checkbox"/> Tremors
PSYCH	<input type="checkbox"/> Serious depressed mood <input type="checkbox"/> Excess anxiety <input type="checkbox"/> Thoughts of hurting self <input type="checkbox"/> Hallucinations
BREAST	<input type="checkbox"/> Breast pain <input type="checkbox"/> New lump <input type="checkbox"/> Nipple discharge <input type="checkbox"/> Skin changes
ENDOCRINE	<input type="checkbox"/> Cold intolerance <input type="checkbox"/> Heat intolerance <input type="checkbox"/> Excess thirst
HEMATOLOGIC	<input type="checkbox"/> Anemia <input type="checkbox"/> Abnormal bruising or bleeding <input type="checkbox"/> Enlarged lymph nodes
IMMUNOLOGIC	<input type="checkbox"/> Hay fever <input type="checkbox"/> Persistent Infections <input type="checkbox"/> HIV exposure